



Make Something
Magical!



Amalthea Socks By Katrina Ray-Saulis

Amalthea, the foster mother to Zeus and the goddess of the harvest, and the entire season of Autumn inspired these simple pumpkin socks. These socks use my favorite toe-up sock recipe and just a little colorwork on the cuff. At the end of the pattern you'll find the Harvest Spell.

Supplies:

Size 1 (2.25mm) DPNs (The pattern is written for DPNs however you could use the magic loop with circulars if you prefer.)

Color A – Valley Yarns Huntington sock yarn in Sunset

Color B – Valley Yarns Huntington sock yarn in Chocolate

Sizes: Medium, Large

Gauge: stitches and rows = 2x2 inches

Abbreviations

K :: knit

P :: purl

kfb :: knit into the front and then into the back of the same stitch.

k2tog :: knit 2 stitches together as one.

ssk :: Slip, slip, knit. Slip one stitch as if to knit, slip the next stitch as if to purl, knit the 2 together through the back loops.



To Knit

Toe:

Using [Judy's Magic Cast On](#) in Color B cast on 10(14) stitches over two needles.

K one, kfb, K to the last two stitches, kfb, knit. Repeat around until you have 30(31) stitches on each needle. If you plan to use dpns spread the stitches evenly out over the four needles. 60(64)

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Note: If you like a pointier toe you can do a knit row between each increase row. I like a rounder toe so I increase every row. Either way, your toe is done when you hit the stitch count. Cut Color B yarn and weave in ends. (This is easier to do now while the sock is incomplete.)

Foot:

Switch to Color A and knit until sock is two inches shorter than the desired foot length.



Heel:

(The heel is worked the same on both sizes.)

Switch to Color B (leaving Color A attached)

The [Short Row Heel](#) is worked over 30 stitches, or two DPNs.

1 - K 29 stitches. Wrap and turn.

2 - Purl back to 1 stitch before the end of the row. Wrap and turn the last stitch on the row.

3 - K to one stitch before the last wrapped stitch. Wrap and turn.

4 - P to one stitch before the last wrapped stitch. Wrap and turn.

Repeat rows 3-4 until you have 9 wrapped stitches on either end of the heel.

5 - K to the first wrap and then K the stitch and the wrap together. Wrap and turn.

6 - P to the first wrap, P the stitch and the wrap together. Wrap and turn.

Repeat rows 5-6 until you have worked all the stitches in this manner.

Cuff:

Switch back to color A and Knit for 3.5 inches.

Chart:

Knit Pumpkin Chart four times around, being sure to keep stitches loose and [secure your floats](#). (For large size, add one stitch in Color A between each chart repeat.) If you find your stitches are too tight you may want to go up a needle size. Also, stretch your knitting out over the right needle as you knit to ensure the floats are long enough.

Once chart is complete knit one more row in Color A.

Knit 3, Purl 1 around. Repeat 13 times.

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Bind off:

Knit Two Stitches.

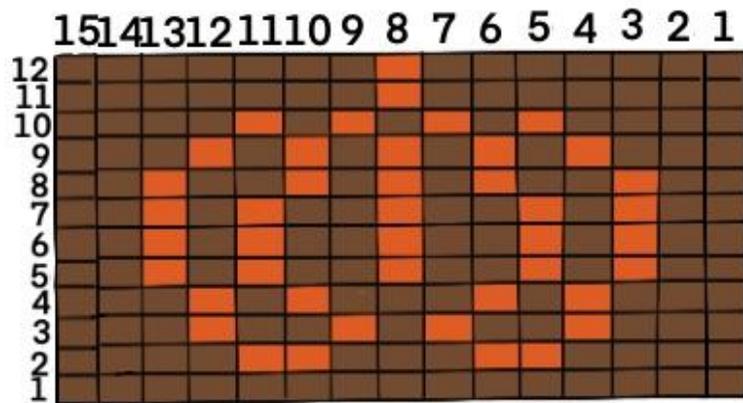
Put your left needle through the front of the two stitches you just knit and knit them together.

Knit one stitch.

Put your left needle through the two stitches on your right needle and knit them together.

Continue around until all stitches are bound off. Break yarn and weave in ends.

Pumpkin Chart



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Spell to Ensure a Good Harvest

Supplies:

A gourd, pumpkin or squash.

An orange candle

The Spell:

At the end of the season, as you collect your harvest (from the garden or the grocery store) set aside four seeds from a gourd and either bake them or let them dry out.

Light an orange candle for energy and creation power. Take the four seeds in your hand and pour all your good energy about next years' harvest into the seeds while you stare at the flame.

Place one seed on each corner of your property, North, South, East, West. As you place them thank the goddess of the harvest for a bountiful year and pray for next year's harvest to be a success.

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